

## Travel with kids and seniors

In general, Yunnan is an ideal place for a family trip. It is traditionally attractive to both domestic and international travelers. People from or outside the travel industry will show their hospitality towards kids and elders.

Bring your kids to Yunnan so they can see the shape of the earth, the colorful ethnic culture, the abundant wildlife, and the magnificent mountain views.

### **Accommodations**

Yunnan offers a wide range of family-friendly accommodations, ensuring a comfortable stay for your trip. Most high-standard hotels provide family rooms and kids facilities. Some, like the Clubmed, even offer childcare services, allowing children to engage in daily activities that reflect the local culture.

Ki Ki Holidays will provide our professional advice to meet your family's demands on your vacation.

### **Eating**

Yunnan cuisine is considered relatively spicy and salty. We will give you our restaurant recommendations and practical food ordering tips. Besides, finding a highchair in smaller restaurants could be challenging. Our travel consultants would be happy to help if you have any specific requirements.

### **Children discounts**

- Parks/sightseeing

Most parks are free\* for kids with a height under 1.2 meters, half-priced for kids between 1.2 and 1.4 meters, and full-priced for kids over 1.4 meters.

However, the policy varies for different parks and times; please double-check with our travel consultant for confirmed information.

\*This means the entry tickets, other services such as shuttle buses, and activities are not included.

- Transportation

For trains and flights, we will book the tickets based on your situation and transparently disclose the discounts to you.

### **Seniors discounts**

- Parks/sightseeing

Most parks are free\* for seniors over 70. However, the policy varies between parks and at different times; please double-check with our travel consultant for confirmed information.

\*This means the entry tickets, other services such as shuttle buses, and activities are not included.

- Transportation

For trains and flights, we will book the tickets based on your situation and transparently disclose the discounts to you.

### **Recommendations for a family trip**

#### **Kunming**

As the provincial capital, you can find everything in Kunming. Here are the places that kids may be interested in

- Kunming Wild Zoo
- Yunnan Museum
- Kunming Botanical Garden
- Green Lake
- Feed the Seagull in winter
- Chengjiang Fossil Site Museum

#### **Dali**

- Cang Shan Mountain hiking
- Erhai Lake Cycling
- Erhai Lake boating
- Local handicraft workshop(Tie-dyeing, woodcut print)

#### **Lijiang**

- Jade Dragon Snow mountain
- Horse riding
- Local handicraft workshop(traditional paper-making, Ethnic Naxi handwriting)

#### **Shangrila**

- Highland hiking
- Yunnan Sub-nosed Monkey Exploration

#### **Tengchong**

- Hot spring
- Volcanoes exploration

#### **Xishuangbanna**

- Rainforest trekking
- Wild Asian elephant

#### **Jianshui**

- Pottery experience
- Confucius temple

### **Health and Safety**

You do not need to worry a lot about food safety in Yunnan. Yunnan supplies the most organic food in China. The local grocery store sells good-quality milk and fruits. We encourage you to spend some time in markets to find out more about local farmers' food.

We do suggest you keep a close eye on your children wherever you are for safety concerns.

Although you can buy common medicines in a local pharmacy, if you need specific medicines, please carry them with you.